

## **“Two Minute Teaching” on the Mass**

04-10-2016 – **Eucharistic Prayer**

After the prayer of sacrifice over the gifts of bread and wine, the priest begins the Eucharistic Prayer. Sometimes people refer to the Mass as the Eucharist but that’s not really correct. The Mass is made up of two major parts: the Liturgy of the Word with the bible readings and the Liturgy of the Eucharist with communion.

The word eucharist comes from the Greek word eucharistia which means “to give thanks”. We give thanks to God our Father for all that He has done for us through his Son, Jesus, in the power of the Holy Spirit. Think of the Eucharistic Prayer as a memorial where we remember Jesus’ Last Supper on Holy Thursday, his death on Good Friday and his rising on Easter Sunday. Think of the Eucharistic Prayer like saying grace before a meal.