

“Two Minute Teaching” on the Mass

02-28-2016 – **Creed & Petitions**

I find it quite humorous after the priest’s homily, people have to stand and make “an act of faith” by reciting the Creed.

The two creeds we say at Mass are the Nicene Creed and the Apostles Creed. The Nicene Creed comes from the Eastern Church with the Council of Nicea in 325c.e. which refuted the Arian heresy that denied Jesus is God - that’s why it keeps repeating “God from God, Light from Light, true God from true God...” The Apostles Creed comes from the Western Church of the 4th century which was a baptismal formula we still use today – “do you believe in God the Father ... Son ... Holy Spirit ... Church ...”

After the Creed, there are four or five petitions for the church, the world, needs of the local church. I write the petitions myself – try to connect them to the bible readings and homily – and keep them short.